


# Progress and Opportunities for Pharmacological Treatments

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# Progress and Opportunities for Pharmacological Treatments

*Focus on:*

Significance

State-of-the-Art-Knowledge

Knowledge Gaps

Research Opportunities



# Progress and Opportunities for Pharmacological Treatments

## *Outline*

What is available?

What do we want?

What is promising?

- advantages
- limitations

# What is available?

- **Antimuscarinics** block muscarinic receptors, efficacious but adverse effects, still a first line pharmacological therapy
- **$\beta_3$ -AR agonists (mirabegron)** relax the bladder, efficacious, fewer adverse effects than antimuscarinics, first line alternative pharmacological therapy  
**Knowledge gap: long term data**
- **Phosphodiesterase-5 inhibitors (tadalafil)** improve male LUTS, mechanism unclear. Do they work in women?  
**Research opportunity**
- **Onabotulinumtoxin A** inhibits transmitter release from nerves (afferent and motor) and urothelium, efficacious but second line pharmacological therapy

# What Do We Want?

OAB is multifactorial

– is it possible to find a drug that improves everybody?

*Knowledge gap: mechanistic studies*

OAB is a filling disorder

– is there a common mechanism that can be targeted?

*Knowledge gap: mechanistic studies*

OAB is a “benign” disorder

– adverse effects must be few and mild

# OAB – Pathophysiology

Both the overactive bladder (OAB) syndrome and detrusor overactivity (DO) are multifactorial disorders

Are multiple, separate pathways involved, each contributing to the disorder ?

*Knowledge gap: mechanistic studies*

Do all pathophysiologies have a common pathway?

*Knowledge gap: mechanistic studies*

# OAB – Suggested Underlying Mechanisms

## Uroepithelial factor:

Sensor moleculars: ACh, ATP, NGF, TRPV1

## Myogenic factor:

Detrusor spontaneous contraction

Hypersensitivity to incoming signals

## Neurogenic factor:

Abnormal afferent excitability

Abnormal sensory process

## Specific factor:

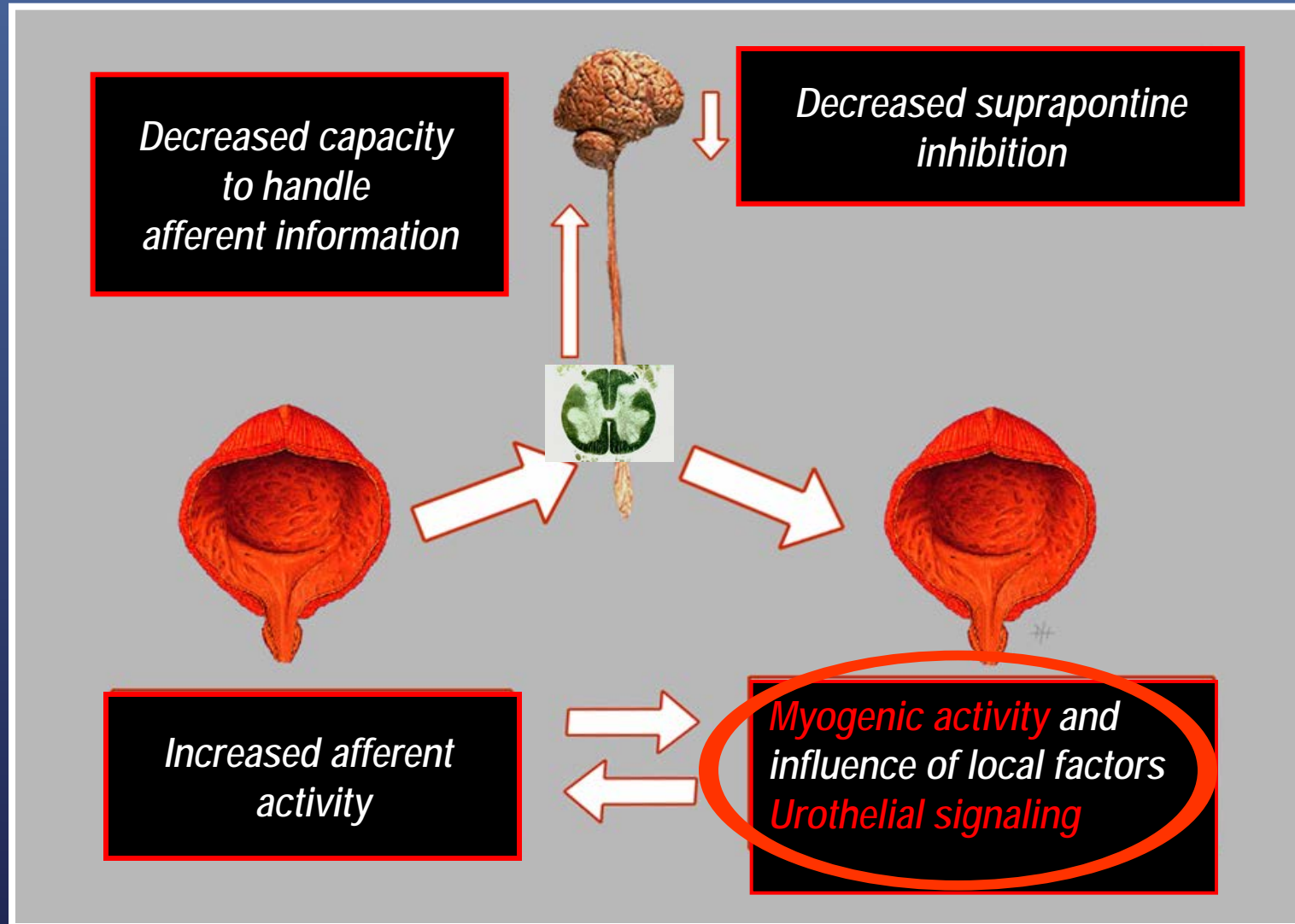
Bladder outflow obstruction

Metabolic syndrome and diabetes mellitus

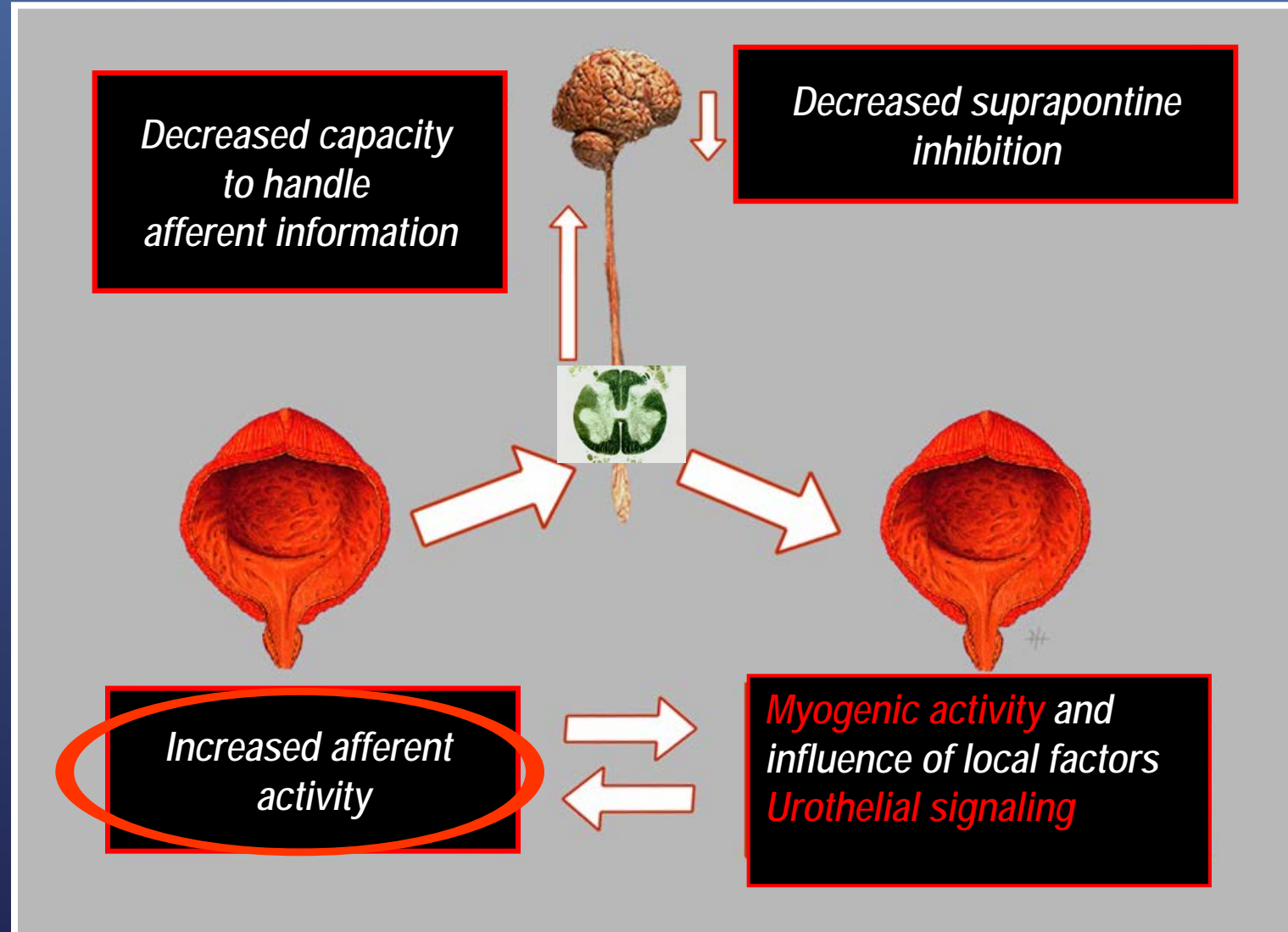
Inflammation



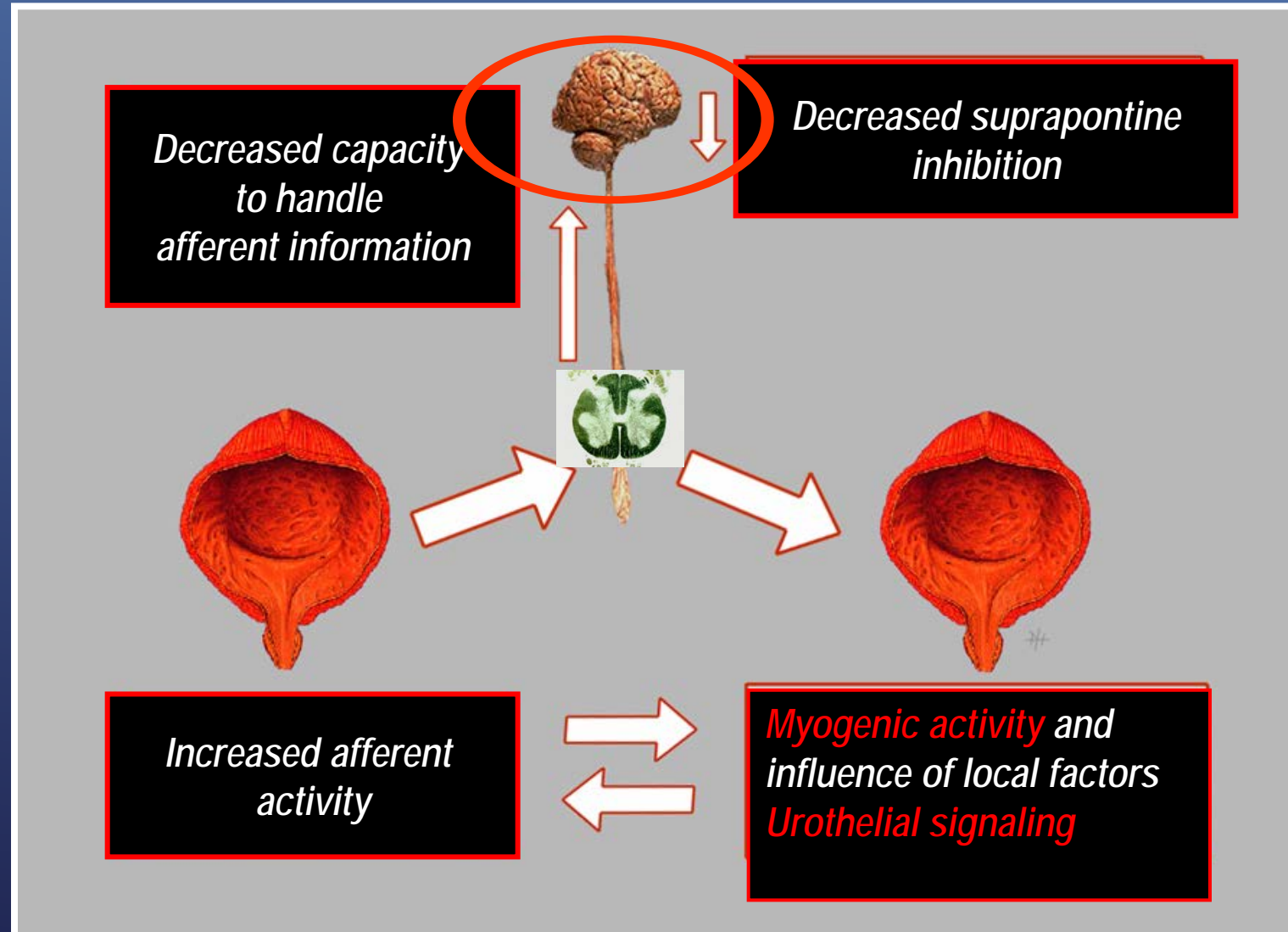
# Pathophysiology of LUTS/DO/OAB



# Pathophysiology of LUTS/DO/OAB



# Pathophysiology of LUTS/DO/OAB



# OAB – Targets for Drug Treatment

## *Levels of intervention*

**Bladder:** *factors and structures in the bladder wall*


**Afferent nerves:** *Afferent signaling from the bladder*

**CNS:** *Central handling of afferent information*

**Bladder:** *Efferent neurotransmission*

# What is Promising?

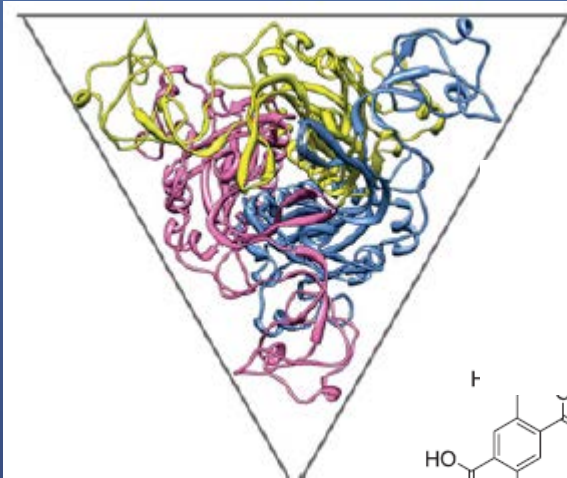
## Targets and Drugs: Research Opportunities

- *Purinergic receptors - Antagonists*
  - *Cannabinoid system - Agonists – Antagonists - Inhibitors*
  - *TRP channels - Antagonists*
  - *Prostanoid Receptors – Antagonists*
  - *Nerve Growth Factor - Inhibitors*
  - *Rho- kinase - Inhibitors*
  - *K<sup>+</sup> channels - Openers*
  - *Centrally acting drugs*
- 

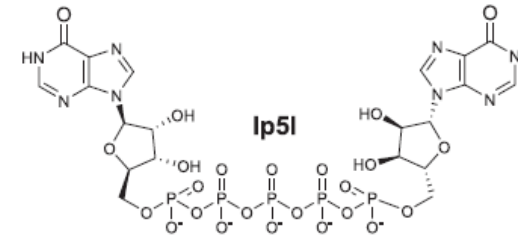
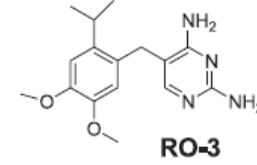
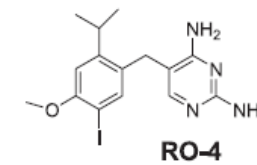
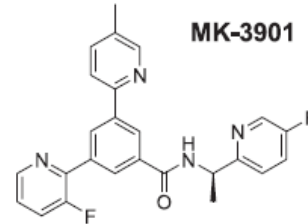
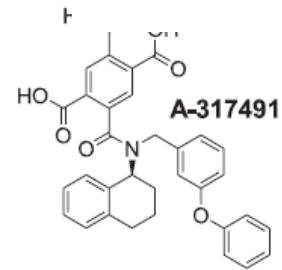
# What is Promising?

## Targets and Drugs: State-of-the-Art-Knowledge

- *Purinergic receptors - Antagonists*
  - *Cannabinoid system - Agonists – Antagonists - Inhibitors*
  - *TRP channels - Antagonists*
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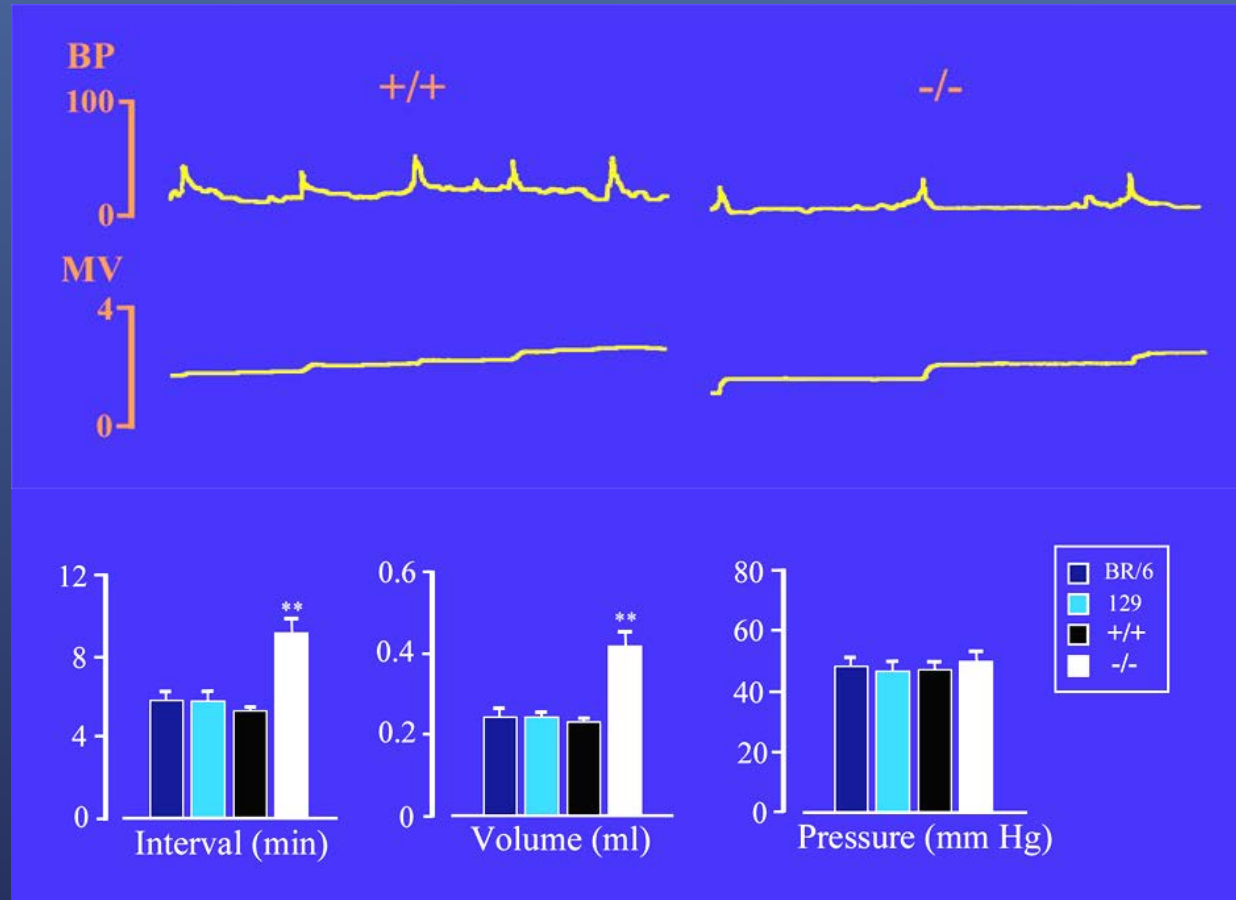


# The P2X3 Receptor



P2X3 Receptor Antagonists

# Bladder Function in P2X3-deficient Mice

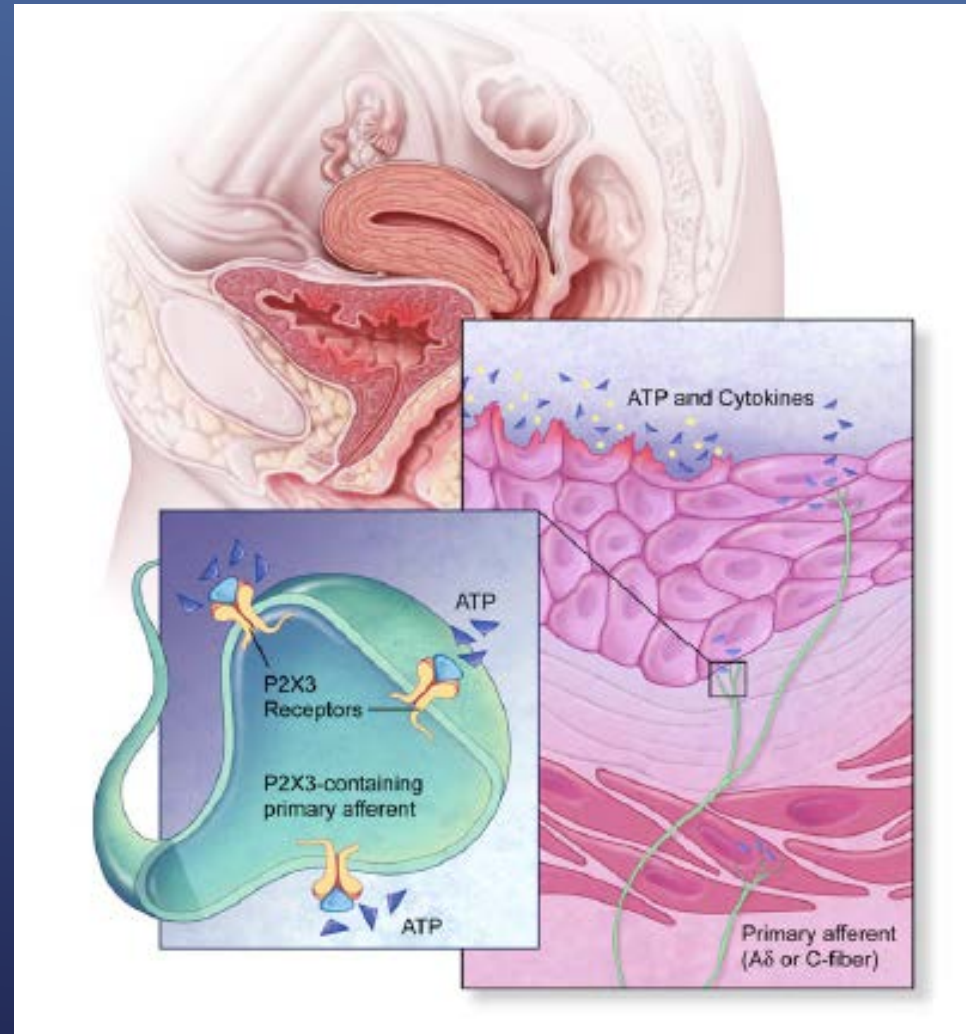


Cockayne et al. Nature 407:1011, 2000

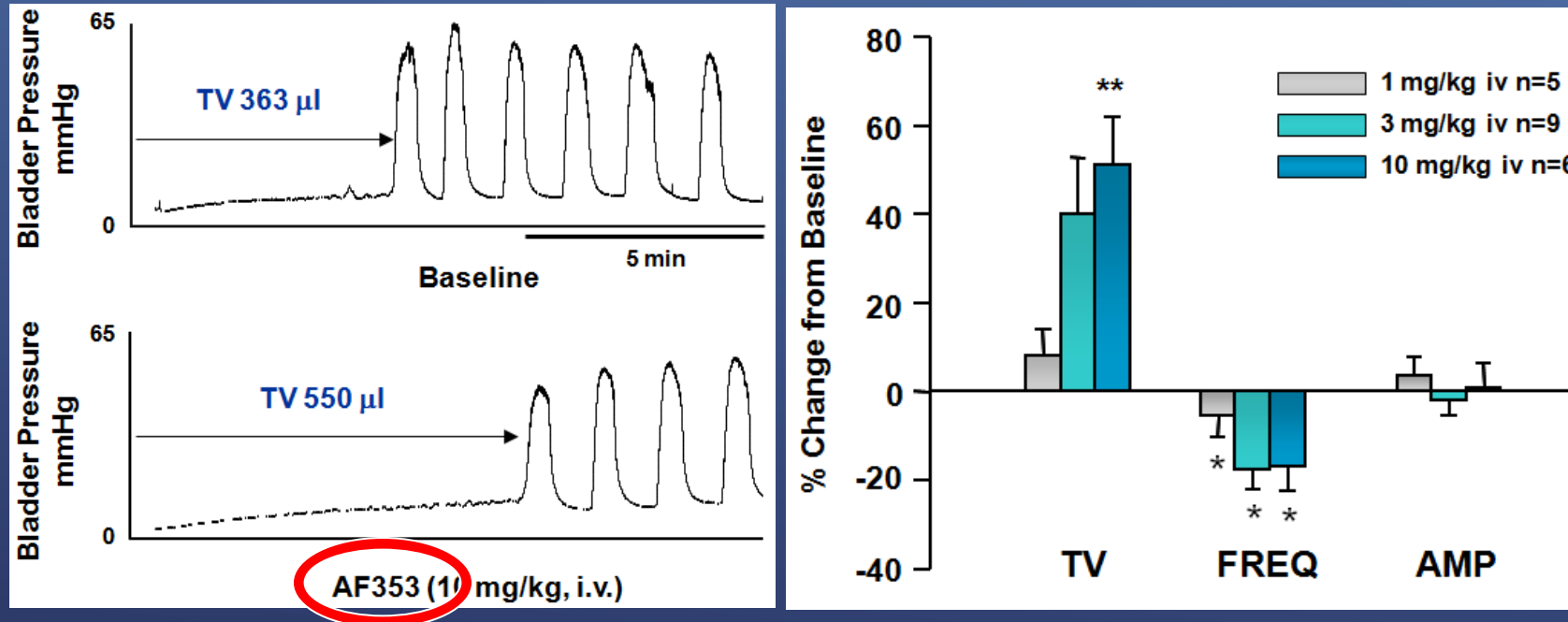


# In pursuit of P2X3 antagonists: novel therapeutics for chronic pain and afferent sensitization

Anthony P. Ford

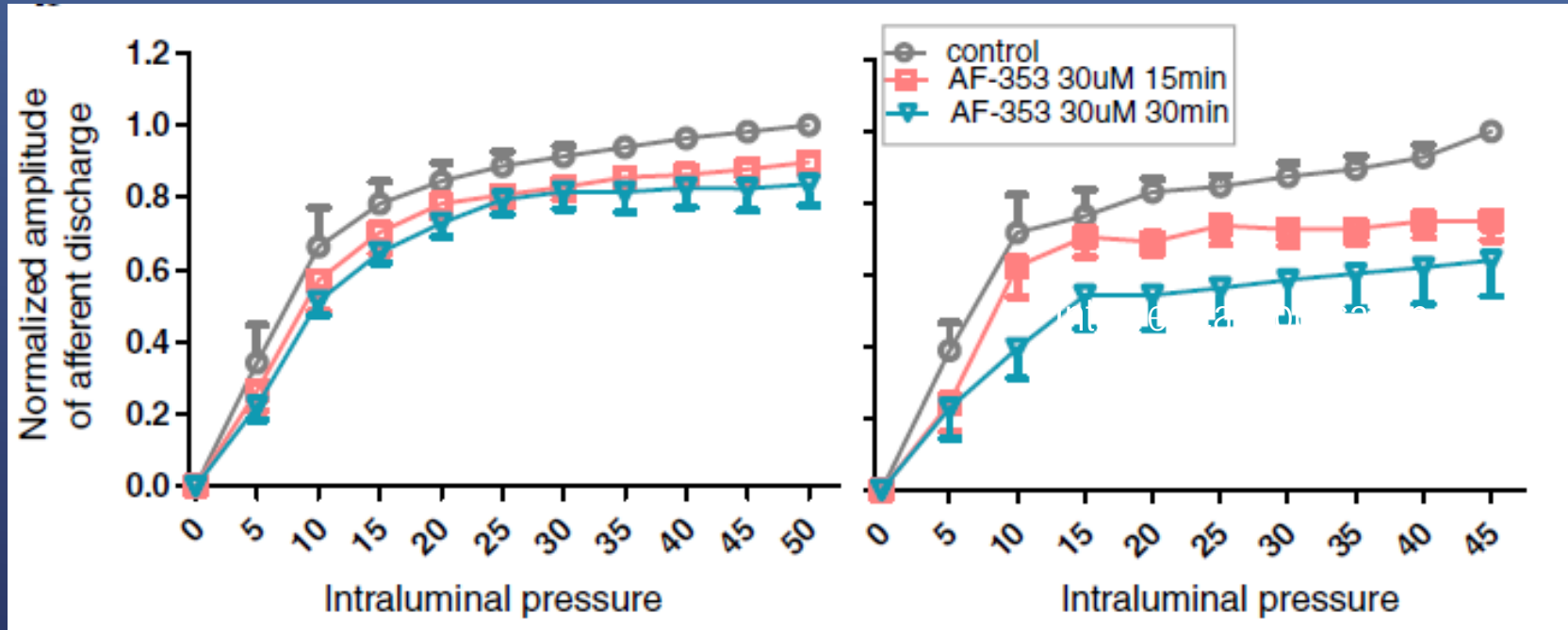


# The Effect of a P2X3 Antagonist on Cystometric Reflexes in Anesthetized Rats



TV = Threshold volume; FREQ = Frequency; AMP = Amplitude

# Effects of AF-353 on Afferent Signaling from the Bladder



# What is Promising?

*P2X3 receptor antagonists*

Good preclinical rationale

New promising drug candidates

No clinical experiences published

# What is Promising?

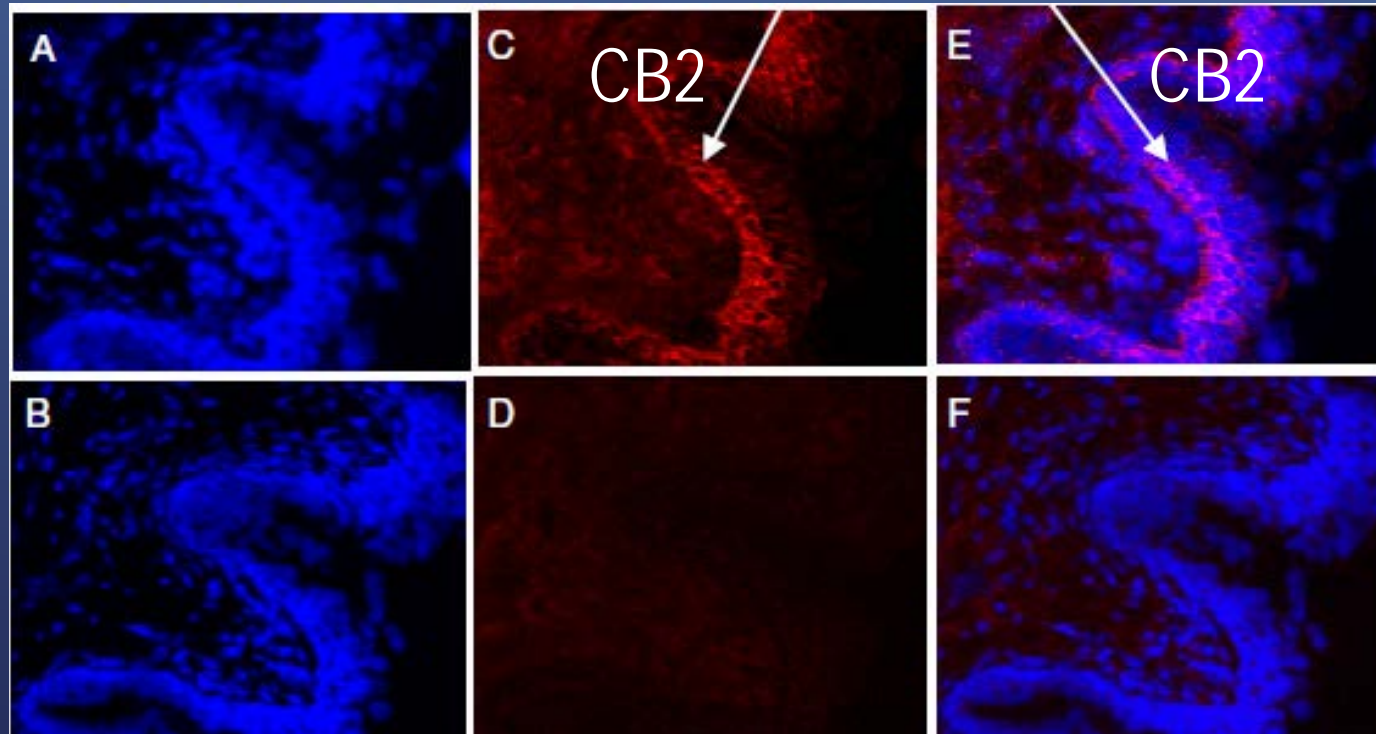
## Targets and Drugs

- *Purinergic receptors - Antagonists*
  - ***Cannabinoid system - Agonists – Antagonists - Inhibitors***
  - *TRP channels - Antagonists*
- 

# What is Promising?

*Cannabinoid receptors – CB1 and CB2*

**CB2 receptors in the urothelium/lamina propria**



# What is Promising?

## *Cannabinoid receptors - agonists*

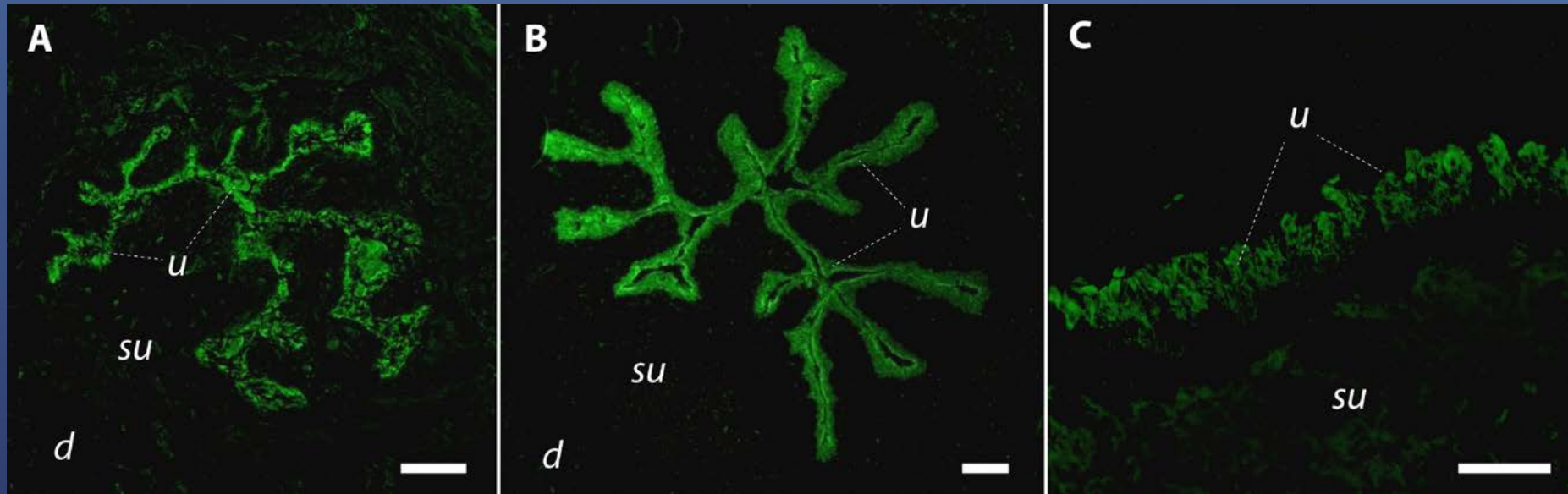
R. M. Freeman · O. Adekanmi · M. R. Waterfield ·  
A. E. Waterfield · D. Wright · J. Zajicek

**The effect of cannabis on urge incontinence in patients with multiple sclerosis: a multicentre, randomised placebo-controlled trial (CAMS-LUTS)**

*Conclusion: The findings are suggestive of a clinical effect of cannabis on incontinence episodes in patients with MS.*

# What is Promising?

## *Cannabinoids*

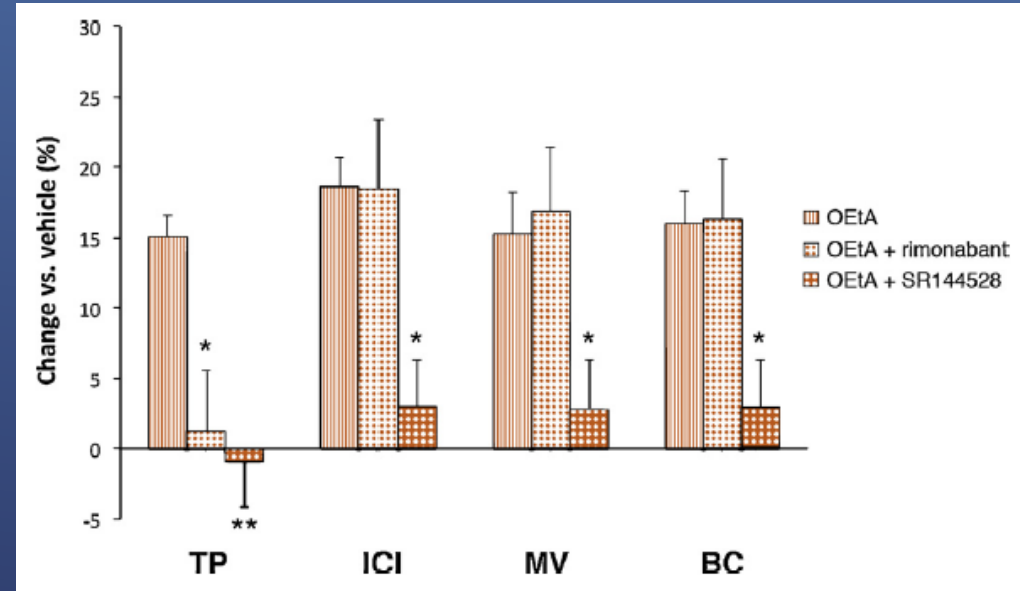
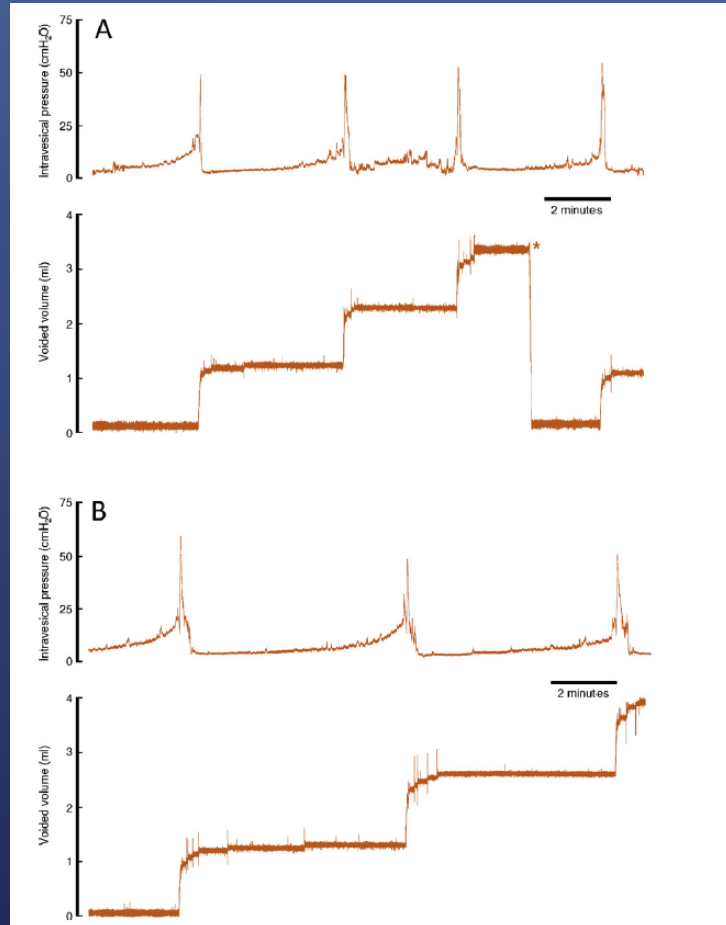


*Distribution of fatty acid amide hydrolase (FAAH; cannabinoid degrading enzyme) immunoreactivity in the urothelium*



# What is Promising?

## Effects of FAAH inhibition (OEtA) on rat cystometry

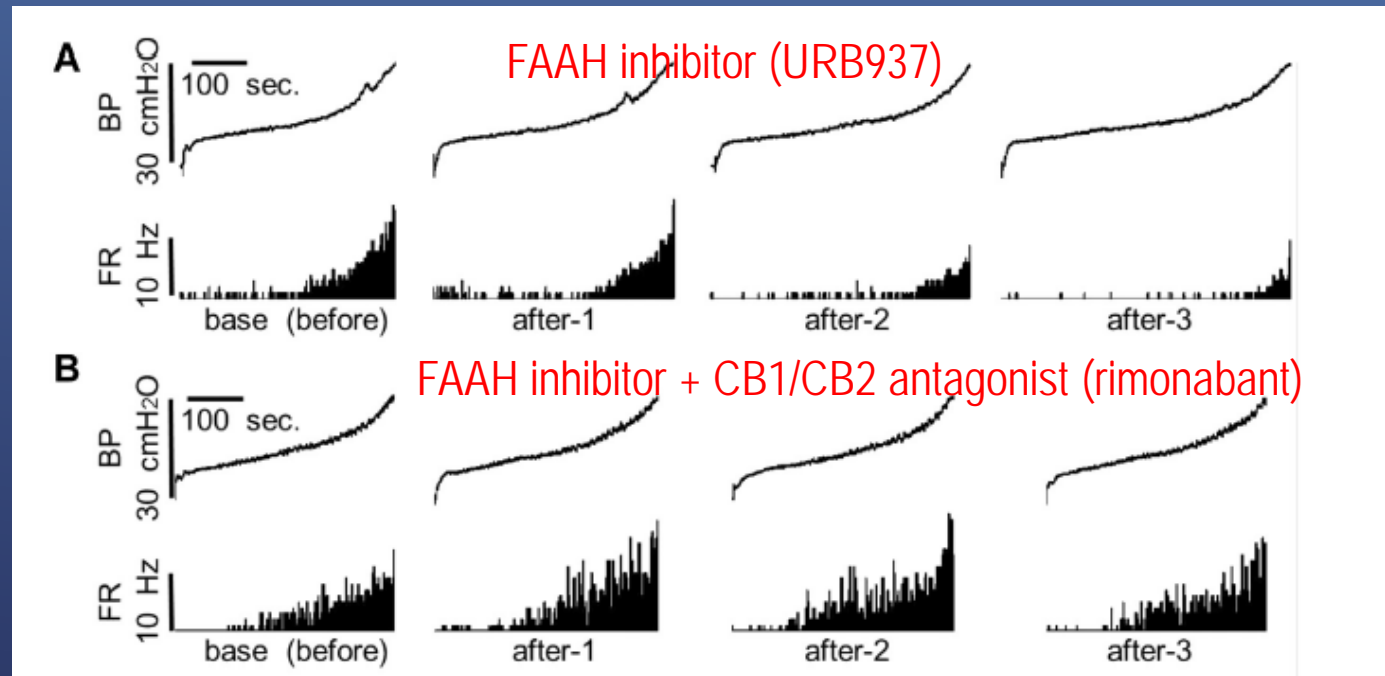


Rimonabant: CB1 receptor antagonist

SR144528: CB2 receptor antagonist

## Inhibition of Peripheral FAAH Depresses Activities of Bladder Mechanosensitive Nerve Fibers of the Rat

Naoki Aizawa, Petter Hedlund,\* Claudius Füllhase, Hiroki Ito, Yukio Hommat and Yasuhiko Igawa\*,‡



*"inhibiting peripheral FAAH depresses the Ad and C-fiber activity of primary bladder afferents via CB1 and CB2 receptors"*

# What is Promising?

## *The cannabinoid system*

- **Exocannabinoids:**  
*promising preliminary human data*
- **Endocannabinoids (FAAH inhibitors):**  
*promising animal data*

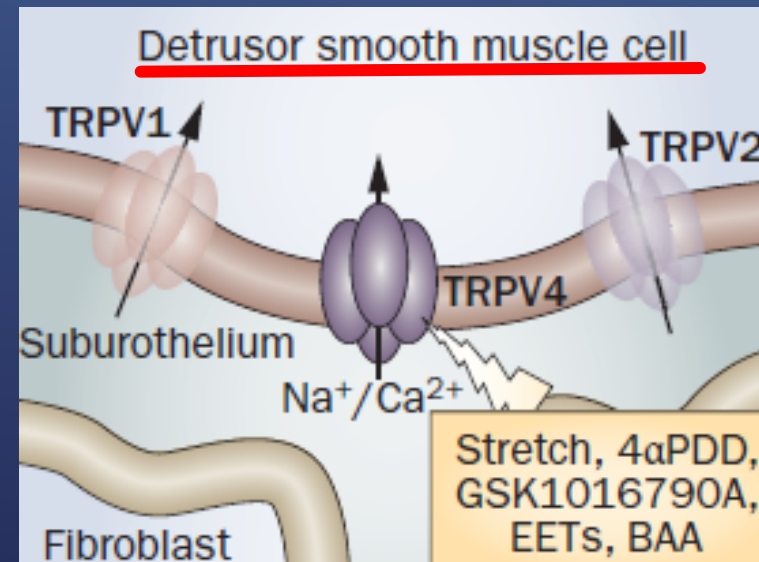
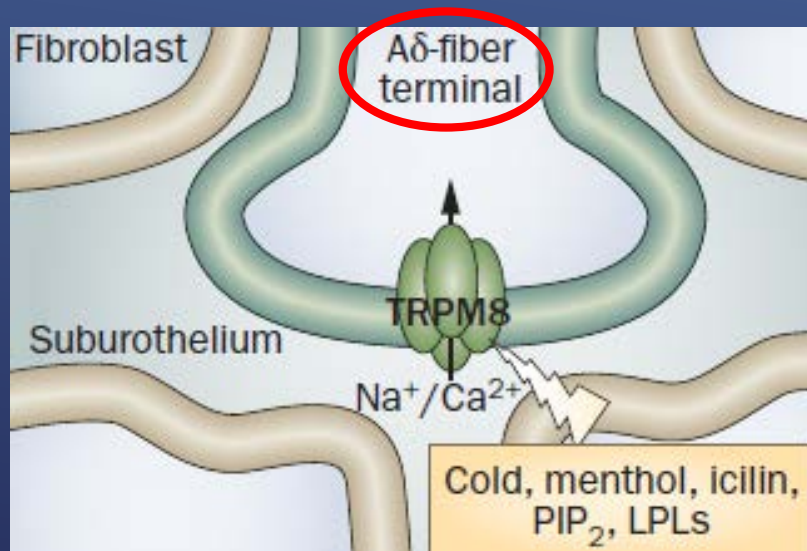
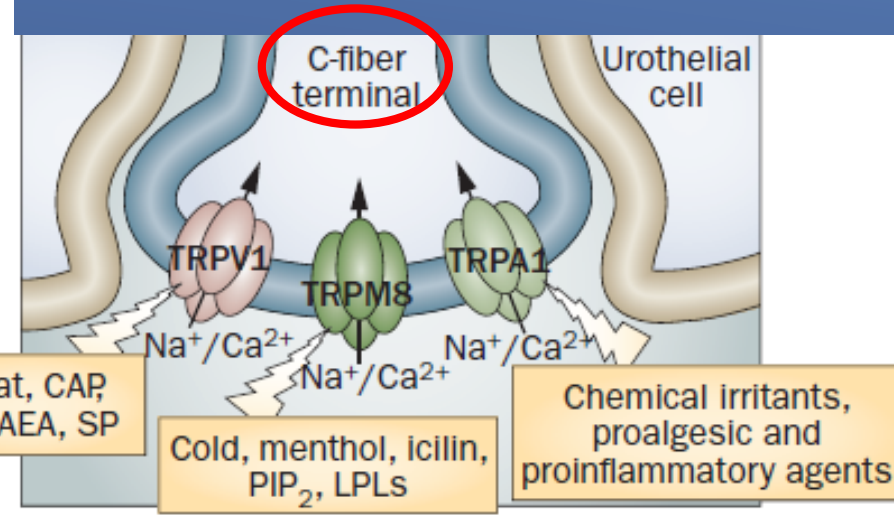
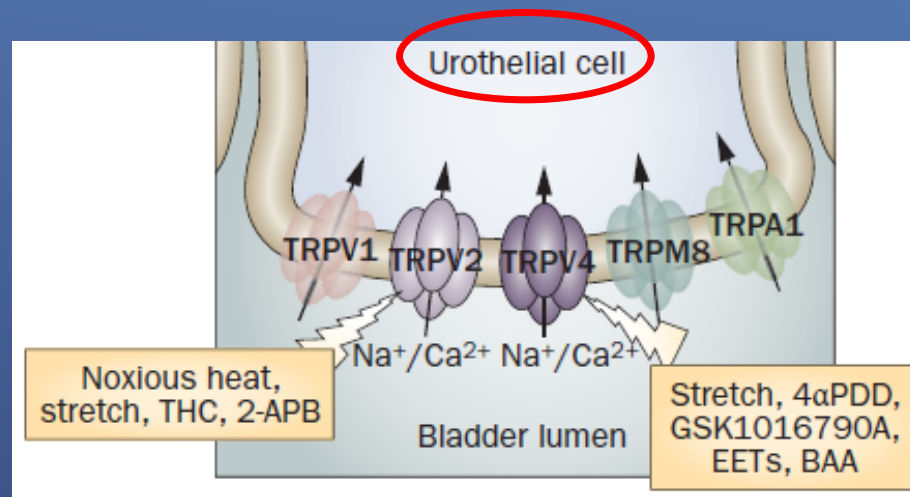
*Potential for further development ?*

# What is Promising?

## Targets and Drugs

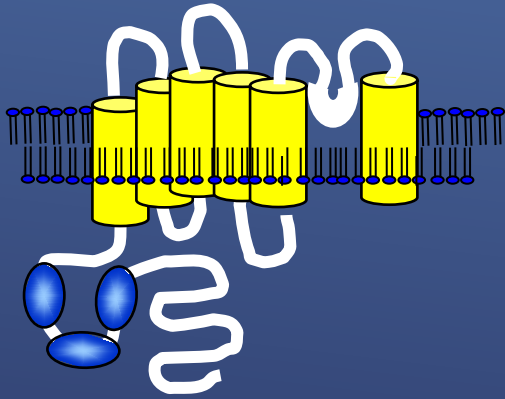
- *Purinergic receptors - Antagonists*
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  - **TRP channels - Antagonists**
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# TRP- Channels in the Bladder

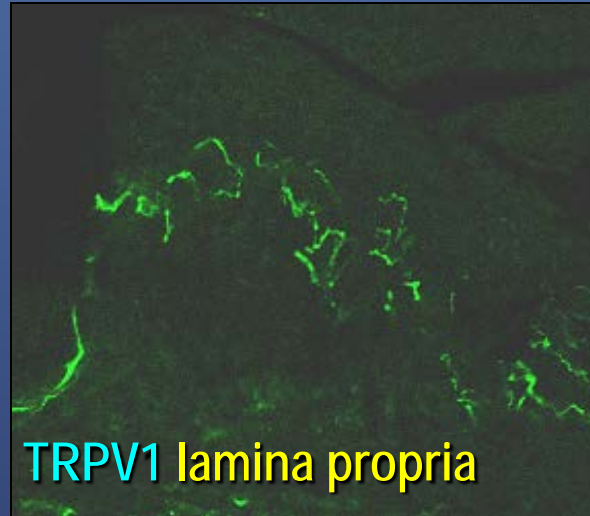


Skryma et al  
 Nat Rev Urol., 2011 Oct 4;8(11):617-30

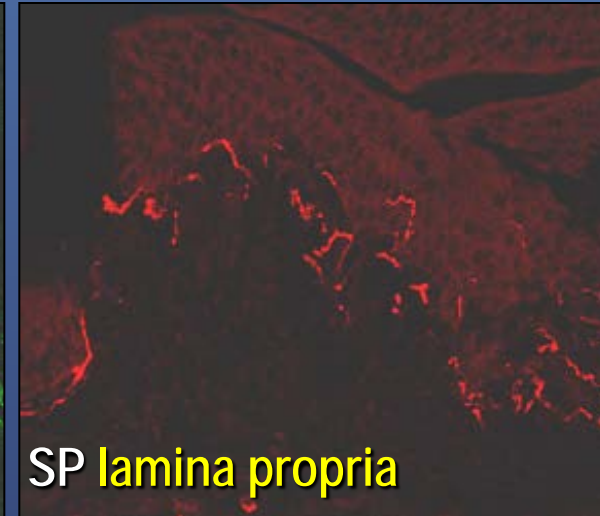
# TRPV1 Receptors on Substance P (SP) and Calcitonin Gene-Related Peptide (CGRP) Containing Nerves in the Rat Bladder



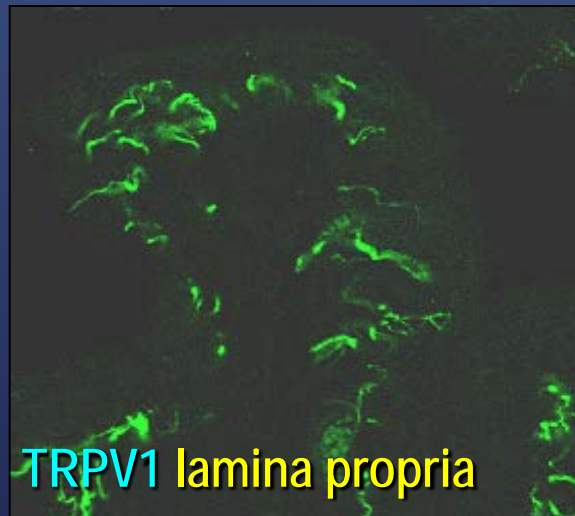
TRPV1



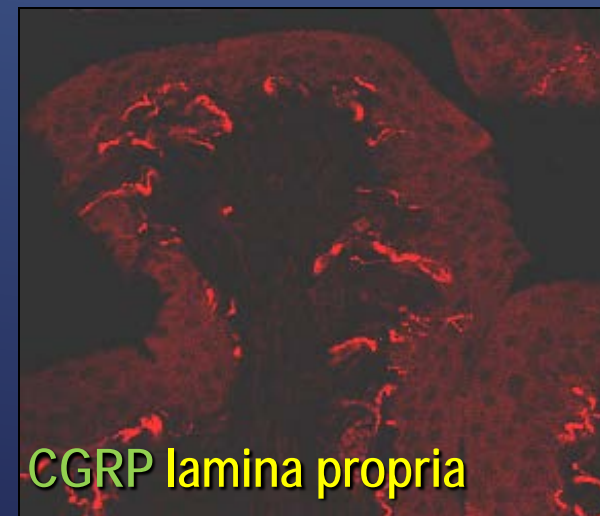
TRPV1 lamina propria



SP lamina propria



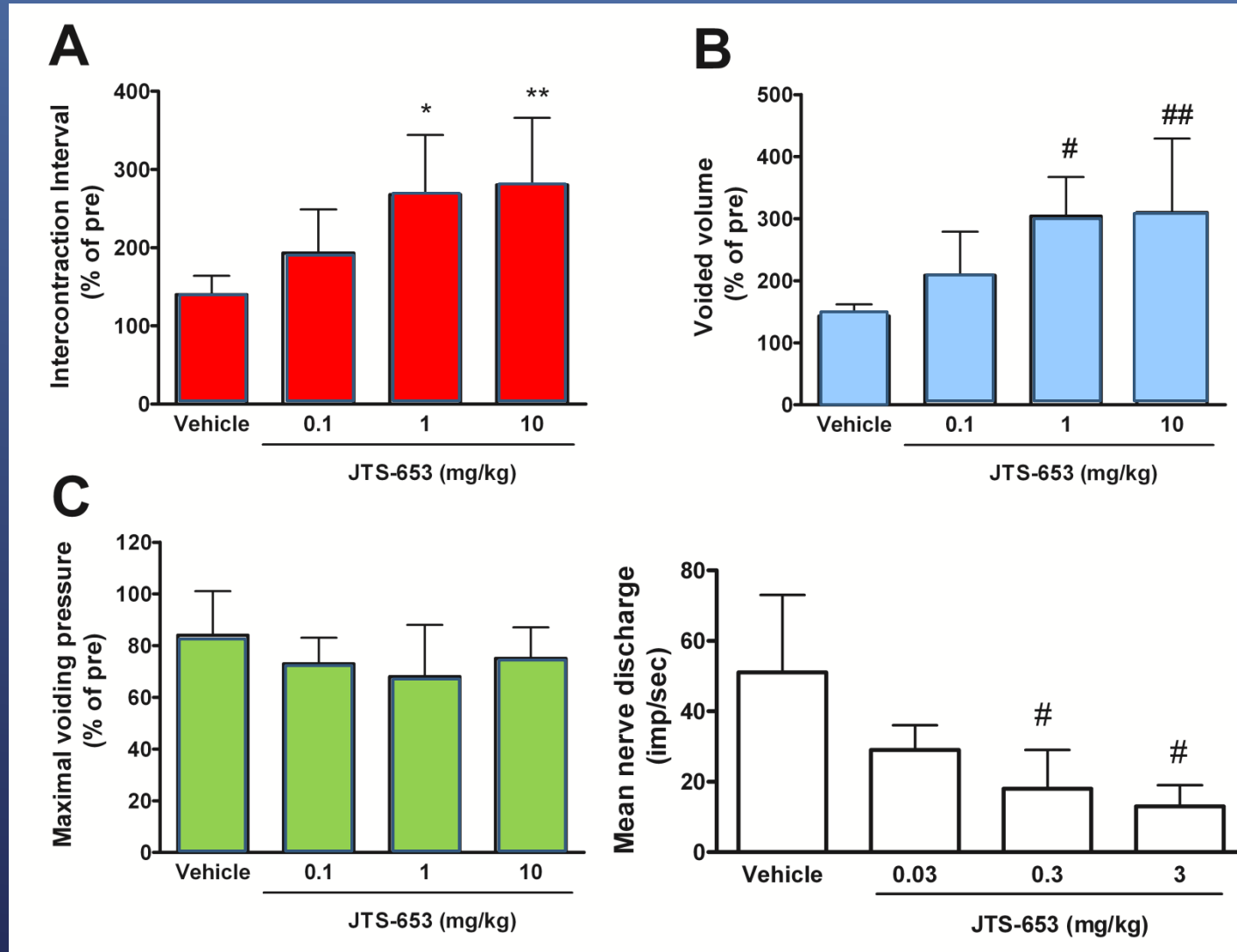
TRPV1 lamina propria



CGRP lamina propria

Avelino et al, Neuroscience  
109(4):787, 2002

# Effects of a Selective TRPV1 Antagonist on Rat bladder



# An investigation of the safety and pharmacokinetics of the novel TRPV1 antagonist XEN-D0501 in healthy subjects

Patrick Round,<sup>1</sup> Anthony Priestley<sup>2</sup> & Jan Robinson<sup>1</sup>

<sup>1</sup>Xention Ltd, and <sup>2</sup>LCG Bioscience, Cambridge, UK

*...:The observed increase in body temperature  
was not considered to be of clinical concern."*



# Principles – Agents of Potential Interest

## *TRPV1 channel antagonists*

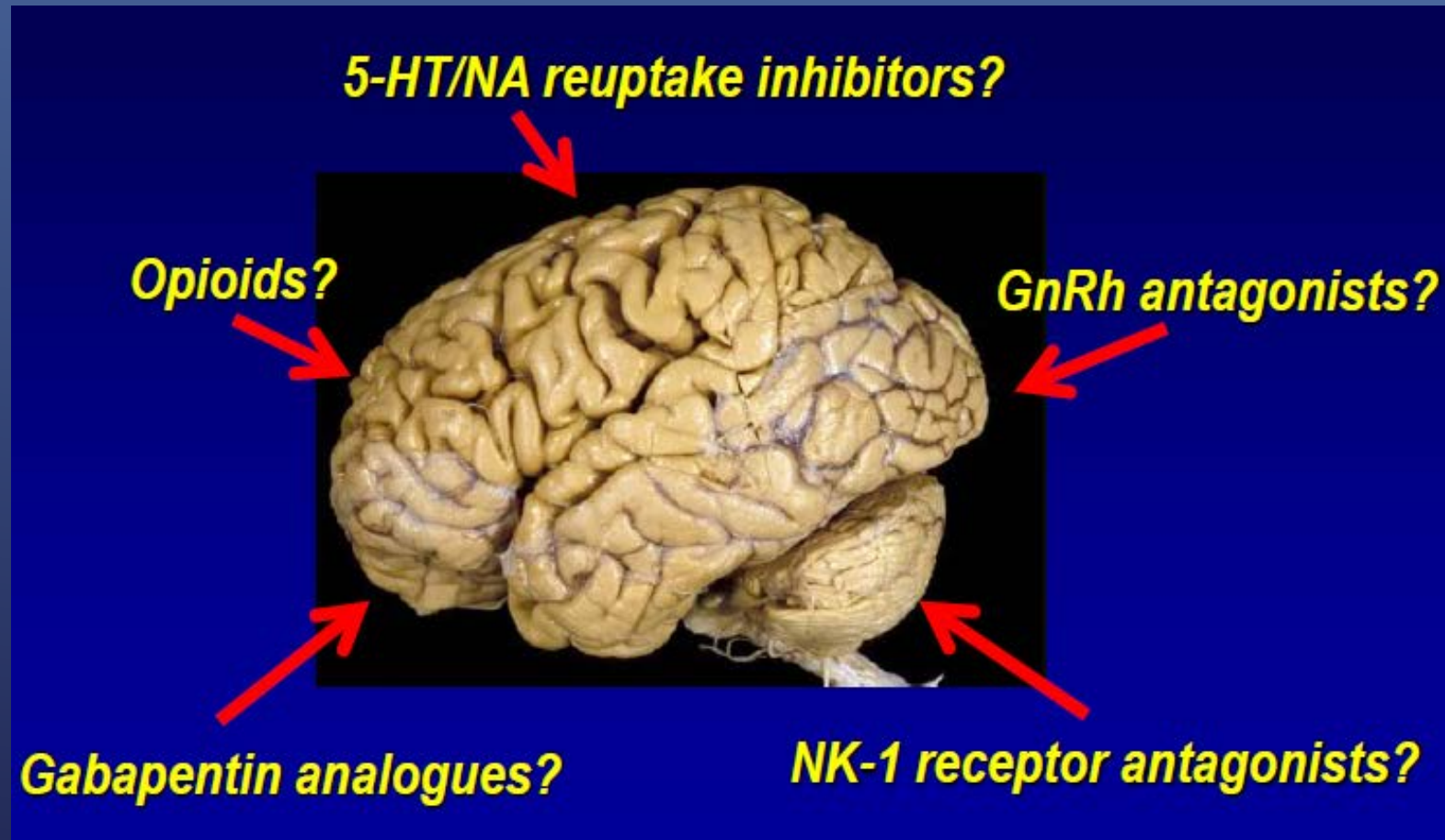
*Promising animal data – but do they work in human OAB/DO?*

*Problems with side effects (hyperthermia)*

*Potential for further development*

# What is Promising?

*Centrally acting drugs*



# Agents of Potential Interest: Limitations and Opportunities

## Drugs with an action on the CNS

*Several principles seem to work*

*Currently used drugs have low efficacy  
and/or unacceptable side effects*

*Great potential for further developments*

# How to Optimize Current OAB Treatment?

*Individualized treatment*

*Combination therapy*

*Subcategorization of the OAB population (biomarkers?)*



# Progress and Opportunities for Pharmacological Treatments

## *Summary*

Several unexplored targets

Promising animal data

Translation to clinic slow – no new drugs  
ready for clinical introduction

Combination therapy an alternative for  
improved effects