Symposia

7:30 – 9:00 AM

RECOMMENDATIONS OF BEST PRACTICES FOR SUCCESSFUL TRANSITION OF OLDER ADULTS FROM SKILLED NURSING FACILITY CARE TO PRIMARY CARE AND HOME

Room: 104 A
CME/CE/CMD Clinical Credit: 1.5
Track: Clinical Practice

Developed by the Care Transitions Special Interest Group
Moderator: Jennifer L. Carnahan, MD, MPH

After attending this session, participants will be better informed about the needs of older adults who transition from a skilled nursing facility (SNF) to home after an acute hospitalization, and will have the tools necessary to address these vulnerabilities and prevent adverse outcomes, including unnecessary hospital readmissions, incorrect medication lists, and inadequate follow up care.

Learning objectives:
1. Demonstrate a basic knowledge of the real and potential gaps in care during the transition from SNF to home;
2. Demonstrate knowledge of the needs of older adults and their caregivers during the SNF to home transition;
3. Describe and implement best practices for a SNF provider discharging a subacute older adult back to home;
4. Describe and implement best practices for a primary care provider to receive and resume care of an older adult after an acute hospitalization followed by a brief stay in a SNF.

Introduction and Background on Care Transitions from SNF to Primary Care
Jennifer L. Carnahan, MD, MPH

Best Practices for SNFs Discharging Older Adults Back to Primary Care
Karl Steinberg, MD, CMD, HMDC

Guidelines for Primary Care Providers to Resume Care of Older Adults Post-SNF
Shahla Baharlou, MD

Roadmap for Implementation of Best Practices for SNF to Primary Care Transitions
Alicia I. Arbaje, MD, MPH

7:30 – 9:00 AM

LOWER URINARY TRACT ISSUES

Room: 104 B/C
CME/CE/CMD Clinical Credit: 1.5
Track: Clinical Practice

Moderator: Catherine E. DuBeau, MD

Learning objectives:
1. Apply diagnostic and treatment strategies for urge incontinence;
2. Apply diagnostic and treatment strategies for urinary retention;
3. Describe and implement best practices for a SNF provider discharging a subacute older adult back to home;
4. Describe and implement best practices for a primary care provider to receive and resume care of an older adult after an acute hospitalization followed by a brief stay in a SNF.

Urge Urinary Incontinence
Tomas L. Griebling, MD, MPH

Urinary Retention
George A. Kuchel, MD, FRCP, AGSF

Prostate Disease
Catherine E. DuBeau, MD

7:30 – 9:00 AM

FRAILTY AND CHRONIC DISEASE PAPER SESSION

Room: 204
CME/CE/CMD Clinical Credit: 1.5
Track: Research

Developed by the Research Committee
Moderator: Ronald I. Shorr, MD, MS

This session presents the latest peer-reviewed research on frailty and chronic disease with questions and answers to follow.

Learning objective: (1) discuss new and original research on frailty and chronic disease.

P34—End-of-Life Experience of Older Adults Dying of End-Stage Renal Disease versus Cancer
Melissa W. Wachterman, MD, MPH, MSc

P35—Unrecognized Cognitive Impairment in Medically Complex Older Veterans
S. Nicole Hastings, MD, MHS

P36—Frailty Is Associated with New or Worsening Disability after a Critical Illness
Lauren E. Ferrante, MD

P37—in-hospital Mobility and Functional Decline among Older Myocardial Infarction Survivors: SILVER-AMI
Alexandra M. Hajduk, PhD, MPH

P38—A Novel Target for Antifibrotic Therapy for Older Adults with Chronic Liver Disease
Daniel F. Hicks
P39—Association of Nondisease-Specific Problems with Mortality, Long-Term Care and Functional Impairment among Older Adults Who Require Skilled Nursing Care after Dialysis Initiation
C. Barrett Bowling, MD, MSPH

7:30 - 9:00 AM
PRECEPTING CHALLENGING MEDICAL TRAINEES
Room: 202 A/B
CME/CE/CMD Management Credit: 1.5
Track: Education
Developed by the Teachers Section and endorsed by the Education Committee
Presenters: Zaldy S. Tan, MD, MPH; Nancy T. Weintraub, MD; Ming Lee, PhD
This workshop will include video scenarios of clinical preceptorship of different types of challenging learners to promote interactive discussion after a brief introduction. Materials are available on-line for use at the participants' home institutions during faculty development or housestaff training in preparation for clinical teaching. Learning objective: (1) effectively guide challenging medical trainees in clinical preceptorships.

7:30 - 9:00 AM
CODING AND REIMBURSEMENT: STUMP THE PROFESSOR
Room: 103 B/C
CME/CE/CMD Management Credit: 1.5
Track: Clinical Practice
Speaker: Peter A. Hollmann, MD
This open workshop will focus on answering your questions about CPT coding and billing, ICD-10, Medicare incentive and penalty programs (e.g. PQRS), reimbursement rules and related practice management issues. Learning objectives: (1) discuss CPT/HCPCS coding and billing; and (2) describe how Medicare policy can affect your practice.

SCHEDULE OF EVENTS—SATURDAY, MAY 21

PLENARY SYMPOSIUM
9:15 – 10:45 AM
GERIATRICS LITERATURE UPDATE 2016
Room: Grand Ballroom
CME/CE/CMD Clinical Credit: 1.5
Track: Clinical Practice
Speakers: Kenneth Covinsky, MD, MPH & Eric Widera, MD
The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January–December, 2015.

SYMPOSIA
11:00 AM – 12:30 PM
USE OF ANTIHYPERTENSIVE MEDICATION AND FALLS: PAST, PRESENT AND FUTURE
Room: 104 B/C
CME/CE/CMD Clinical Credit: 1.5
Track: Clinical Practice
Moderator: Ihab Hajjar, MD, MS
Deciding on the use of antihypertensive therapy is a common event that healthcare professionals encounter. Attendees will leave the session with practical knowledge and tools to provide optimal and safe hypertension care to their geriatric patients. Learning objectives: (1) describe our current knowledge about the use of antihypertensive medications and the risk of falls; (2) recognize the limitations of the existing evidence regarding the relationship between use of antihypertensive medications and fall risk; (3) apply the current evidence regarding antihypertensive medications and falls in the care of older patients with hypertension; and (4) describe future work in the area of hypertension management and falls.

Antihypertensive Medications Are Associated With Fall Risk: Evidence from Population-Based Studies
Michele L. Callisaya, PhD

Antihypertensive Medications Are Not Associated With Fall Risk: Evidence from Population-Based Studies
Lewis A. Lipsitz, MDS

Antihypertensive Medications Are Not Associated With Fall Risk: Evidence from Clinical Trials
Jeff D. Williamson, MD, MHS

Panel Discussion, Summary and Future Directions
Ihab Hajjar, MD, MS & Mark A. Supiano, MD
11:00 AM – 12:30 PM
HOW TO DEMONSTRATE AND SELL THE VALUE OF GERIATRICS
Room: 104 A
CME/CE/CMD Management Credit: 1.5
Track: Professional Development
Speakers: Cheryl L. Phillips, MD, CMD & Ethan Cumber, MD, FHM, FACP
This symposium will focus on leveraging change, creating the meaningful argument and “selling it to your organization.” Using palliative care as an example, speakers will discuss how to create the essential tripart: a) a business plan that sells; b) engaging consumers; and c) creating a public policy dialogue. Learning objectives: (1) explain how to leverage change; (2) describe how to create the meaningful argument; (3) discuss how to sell it to your organization.

11:00 AM – 12:30 PM
GERIATRICS-FOR-SPECIALISTS INITIATIVE (GSI) SECTION FOR ENHANCING GERIATRIC UNDERSTANDING AND EXPERTISE AMONG SURGICAL AND MEDICAL SPECIALISTS (SEQUE) SYMPOSIUM
Room: 103 B/C
CME/CE/CMD Management Credit: 1.5
Track: Clinical Practice
Moderator: Andrew G. Lee, MD
Learning objectives: (1) describe the Geriatric Emergency Department Collaborative; (2) describe the ACS’ Geriatric Surgery Verification & Quality Improvement Program; (3) describe the U13 Conference Series; and (4) articulate the future of the GSI.

Geriatric Emergency Department Collaborative (GEDC)
Kevin J. Biese, MD, MAT & Ula Hwang, MD, MPH

The Coalition for Quality in Geriatric Surgery Project: Development of an ACS Standards & Verification Program
Julia R. Berian, MD

U13 Conference Series: Past, Present, and Future
Christopher R. Carpenter, MD, MSc, FACEP, AGSF & Thomas N. Robinson, MD

11:00 AM – 12:30 PM
EMERGING MODELS OF CARE AND PAYMENT FOR BETTER HEALTH OUTCOMES IN OLDER ADULTS – LATE BREAKING INNOVATIONS IN HEALTH CARE POLICY AND PRACTICE
Room: 102
CME/CE/CMD Management Credit: 1.5
Track: Models of Care
Moderator: Steven R. Counsell, MD, AGSF
Learning objectives: (1) identify CMS supported new models of care and AGS member leadership in innovation; (2) describe four new models of care and payment currently being studied; and (3) discuss lessons learned and implications for future policy and practice.

Initiative to Reduce Avoidable Hospitalizations among Nursing Facility Residents
Kathleen T. Unroe, MD, MHA

Independence at Home Demonstration
George Taler, MD & Robert J. Sowislo, BA, BBA, MBA

Integrating Community-Based Organizations and Health Care Systems
Robert Schreiber, MD, AGSF & June Simmons, MSW

Transforming Clinical Practice Initiative
Malaz A. Boustani, MD

Perspectives from The John A. Hartford Foundation (JAHF) and the Centers for Medicare & Medicaid Services (CMS)
Terry Fulmer, PhD, RN, FAAN & Paul E. McGann, MD

Questions & Answer Session

11:00 AM – 12:30 PM
BEST PRACTICES IN NURSING HOMES AND HOSPITALS PAPER SESSION
Room: 204
CME/CE/CMD Management Credit: 1.5
Track: Research
Developed by the Research Committee
Moderator: Lona Mody, MD, MSc
This session presents the latest peer-reviewed research on best practices in nursing homes and hospitals with questions and answers to follow. Learning objective: (1) discuss new and original research on best practices in nursing homes and hospitals.
P40—Best Case/Worst Case: A New Framework for Surgical Decisions
Lauren Judith Taylor, MD

P41—Comparison of Adverse Event Rate between Hospital in Home and Acute Inpatient Care
Jonathan Liu, MD

P42—Evaluation and Management of the Nursing Home Resident with Respiratory Symptoms and an Equivocal Chest X-Ray Report
Mallory McClester Brown, MD

P43—A Model for Deprescribing: The Impact of Patient Preferences in an Acute Care Deprescribing Protocol
Alec W. Petersen, MD Student

P44—One-year Outcomes of an Adapted Hospital Elder Life Program to Prevent Delirium in Long-term Care
Haini Liao, MD

P45—Indwelling Urethral vs. Suprapubic Catheters in Nursing Home Residents: Determining the Safest Option for Long-Term Use
Kristen E. Gibson, MPH

WORKSHOPS

11:00 AM – 12:30 PM
MESSAGING GERIATRICS: LESSONS FROM THE FRAMEWORKS INSTITUTE REPORTS ON AGING—EFFECTIVE NEW WAYS TO TALK TO PATIENTS, THE PUBLIC, COLLEAGUES, TRAINEES, AND SYSTEM LEADERS
Room: 202 A/B
CME/CE/CMD Management Credit: 1.5
Track: Professional Development

Developed by the Public Education Committee
Moderator: John Beilenson, MA

In 2014, eight major aging organizations, with support from several national funders engaged the MacArthur Foundation award-winning Frameworks Institute to analyze messaging pitfalls and necessities and provide our communities with more effective strategies to discuss aging. This practical, interactive session will summarize the Frameworks reports, translate learnings from the reports into messages about geriatrics and for geriatrics health professionals, and provide opportunities for participants to practice using those messages with different audiences. Learning objectives: (1) identify at least 3 do’s and 3 don’ts for explaining or promoting geriatrics; (2) discuss aging and geriatrics in ways shown to capture the attention and interest of the general public; (3) describe the benefits of geriatrics in ways that will capture the attention and interest of systems leaders; and (4) list one or more messages to use in communicating with trainees or colleagues.

Messaging Geriatrics: Lessons from the Frameworks Reports
John Beilenson, MA

Communicating about Aging and Geriatrics with the Public, System Leaders, Colleagues and Trainees
Alicia I. Arbaje, MD, MPH; John Beilenson, MA; Anna H. Chodos, MD, MPH; Wen Dombrowski, MD, MBA; Kellie L. Flood, MD; Kathryn G. Kietzman, PhD, MSW; Rosanne M. Leipzig, MD, PhD; Carmen Moreno, PhD; and Adriana Perez, PhD, ANP-BC, FAAN

Pearls to Take Home
Nancy E. Lundebjerg, MPA

SYMPOSIA

12:45 – 2:15 PM
PHARMACOTHERAPY UPDATE: 2016
Room: 104 B/C
CME/CE/CMD Clinical Credit: 1.5
Track: Clinical Practice
Developed by the Polypharmacy Special Interest Group
Moderator: Zachary A. Marcum, PharmD, PhD

The purpose of this symposium is to summarize the changes over the past year in pharmacotherapy. The speakers will examine new information on current medications commonly used by older adults and newly approved medications that may be prescribed for older adults. Learning objectives: (1) communicate the indication for use, mechanism of action, pharmacokinetics, dosing, safety and drug interactions for new or soon to be approved medications; (2) compare potential advantages and disadvantages of incorporating new medications into clinical practice; (3) discuss with patients the benefits and risks of recently approved drugs based on new evidence; and (4) integrate into clinical practice important information regarding changes made to recently approved drugs commonly used by older adults.
New Drug Approvals: Implications for Older Adults  
Tasha R. Woodall, PharmD

Medication Safety Updates for Older Adults  
Jennifer Greene Naples, PharmD, BCPS

**12:45 – 2:15 PM**

**ENDOVASCULAR THERAPIES FOR GERIATRIC CEREBROVASCULAR DISEASE**

**Room:** 104 A  
**CME/CE/CMD Clinical Credit:** 1.5  
**Track:** Clinical Practice  
*Developed by the American Academy of Neurology’s Geriatric Neurology Section*

**Moderator:** Alexander P. Auchus, MD

Learning objectives: (1) describe the natural history of asymptomatic carotid stenosis; (2) review treatment options for asymptomatic carotid stenosis; (3) review presentations of cerebrovascular lesions in older adults; and (4) discuss indications for treatment and alternatives.

**Asymptomatic Carotid Stenosis—Medicine or Surgery?**  
Randall C. Edgell, MD, FSVIN

**Cerebrovascular Disease in Older Adults—Indications for Intervention**  
Johanna T. Fifi, MD

**WORKSHOP**

**12:45 – 2:15 PM**

**BEYOND COMPETENCY: MEDICATION MANAGEMENT IN CARE TRANSITIONS FOR MEDICAL STUDENTS, RESIDENTS, AND OTHER HEALTH CARE PRACTITIONERS**

**Room:** 202 A/B  
**CME/CE/CMD Clinical Credit:** 1.5  
**Track:** Education  
*Developed by the Education Committee and the Teachers Section*

**Moderator:** Lisa Granville, MD

In this interactive workshop, participants will learn and demonstrate the ability to perform a brown bag review, identify drug-drug interactions and potential adverse drug events. Learning objectives: (1) conduct a medication review and medication reconciliation; (2) formulate a differential diagnosis and recommend an evaluation and treatment plan for older adults with adverse drug effects and polypharmacy; and (3) describe systems to promote patient safety and optimal transitions of care related to medications with interprofessional input.

**Orientation and Introduction to Medication Management Competency**  
Hal H. Atkinson, MD, MS

**Competency in Medication Management**  
Lisa Granville, MD

**Improving Patient Safety and Transitions of Care through Interprofessional Collaboration**  
Zaldy S. Tan, MD, MPH & Dominick A. Bailey, PharmD, BCPS