#### U13 Bedside-to-Bench Conference Series Sensory Impairment and Cognitive Decline

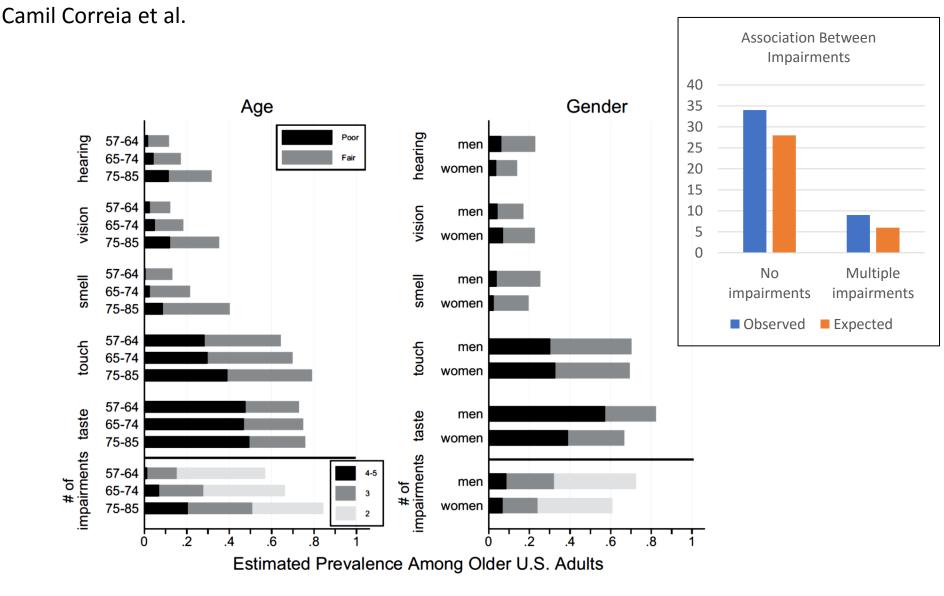
October 2 – 3, 2017 Bethesda North Marriott Hotel and Conference Center

# Risk factors for neurodegeneration of brain, eyes, and ears: from genetics to society

Luigi Ferrucci, MD, PhD
National Institute on Aging, NIH
Baltimore, MD

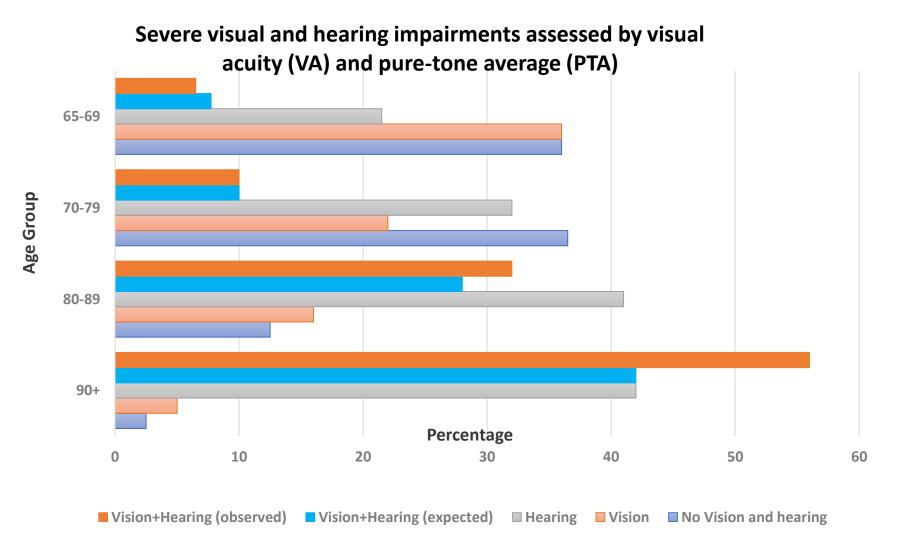


Global Sensory Impairment in Older Adults in the United States



### Prevalence of vision, hearing, and combined vision and hearing impairments in patients with hip fractures

Else Vengnes Grue, Marit Kirkevold and Anette Hylen Ranhoff



#### Comorbidity

hypertension and cardiovascular disease, cerebrovascular disease, smoking, diabetes, autoimmune

Genetic and Epigenetic

Information Processing

Neurodegenerative diseases

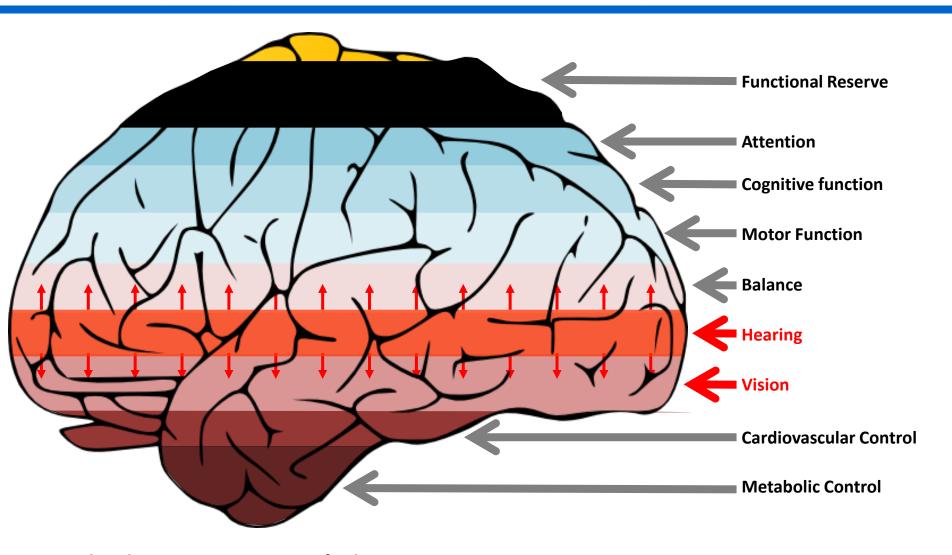
**Plasticity** 

**Environmental exposure** 



#### The Domains of Brain Resources

**Total Capacity, Resource Allocation, Plasticity, Functional Reserve** 



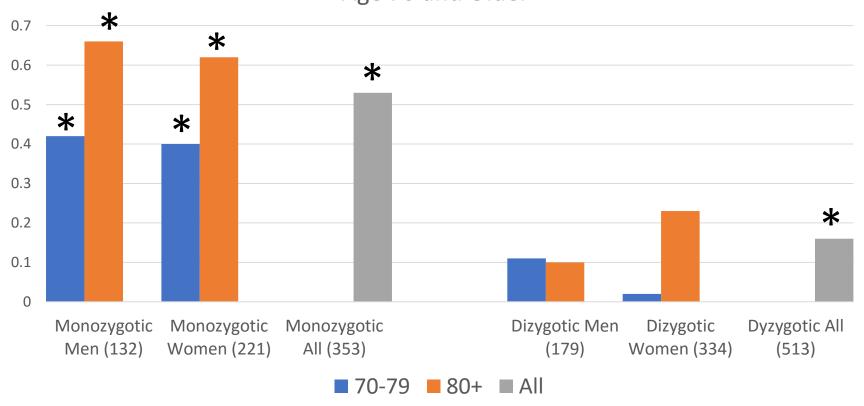
- Dual Task creates competition for brain resources
- In young and healthy individuals, additional resources can be pulled from reserve (plasticity)
- In older individuals functional resources and plasticity are constrained, leading to dysfunction

# Genetic and Environmental Influences on Self-Reported Reduced Hearing in the Old and Oldest Old.

Kaare Christensen et al. J Am Geriatr Soc 49:1512–1517, 2001.

Tetrachoric Correlation for Reduced Hearing in Danish Twins

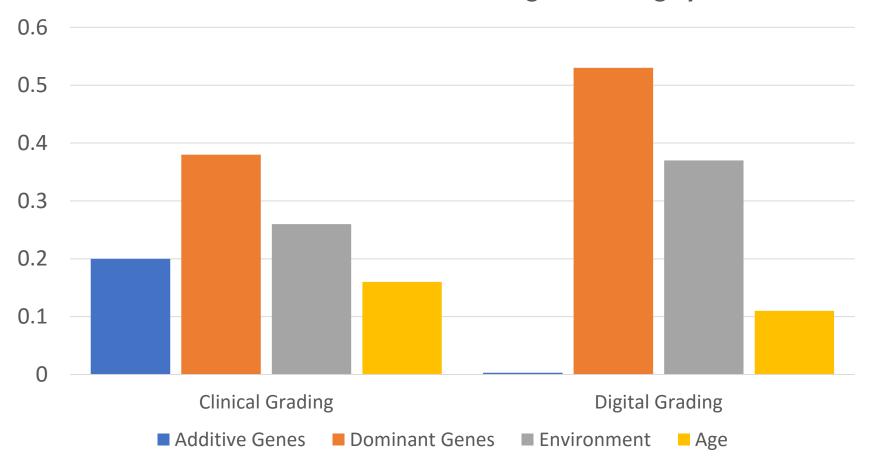
Age 70 and Older



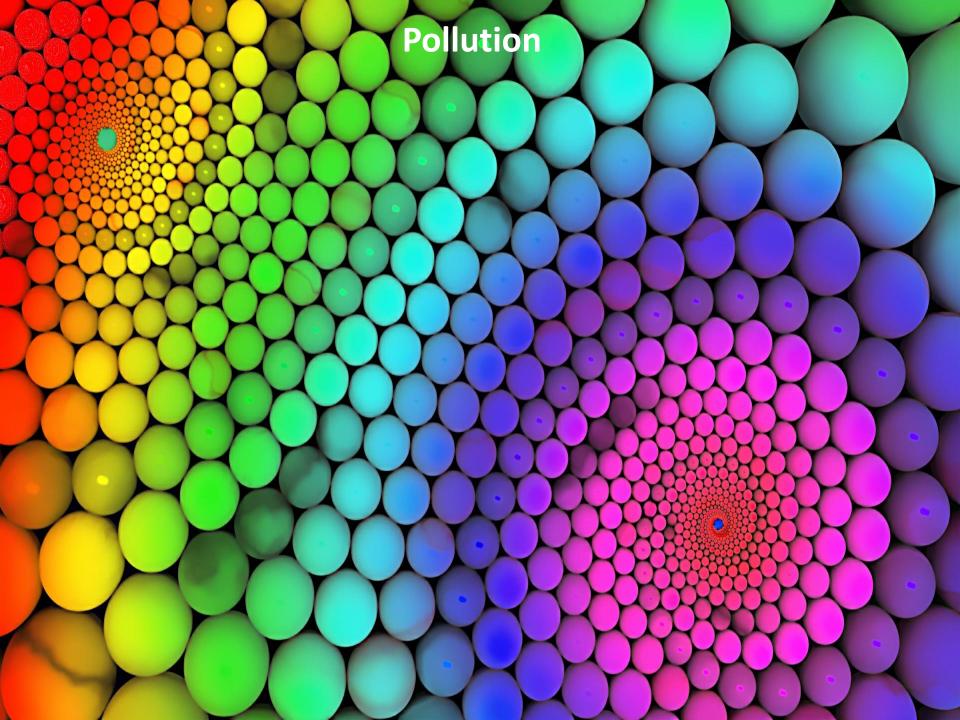
#### The Heritability of Age-Related Cortical Cataract: The Twin Eye Study

Christopher J. Hammond et al. (Invest Ophthalmol Vis Sci. 2001;42:601–605)

## Standardized Parameter Estimates of the Best-Fitting Models of Cortical Cataract for Clinical and Digital Grading Systems







### **Synopsis**

- Performance in Vision and hearing decline with aging. Whether the rate of decline in these dimensions are longitudinally correlated is uncertain.
- Mechanisms of joined decline are not understood, likely multifactorial.
- Neurodegenerative disease often cause sensory function impairment
- Sensory problem have genetic, behavioral or environmental factors.
- Mechanisms for effect on the brain:
  - Reduction of sensory function may overload the brain circuitry by pulling excess resources to cope with the poor signal to noise.
  - Long term deafferentation may also contribute to a progressive decline of brain integrity
  - Multiple sensory impairments may be affected by the same disease
- Most literature focuses on vision and hearing, smell and taste decline are important as well and connected to diseases.
- Multiple sensory impairments should be studied from a multidisciplinary perspective, especially in older persons.

