

**36<sup>th</sup> Middle Tennessee Virtual Geriatric Update Conference**  
**Aging Successfully Despite Covid**  
**Friday October 7, 2022 (8:30 AM-4:15 PM Central Time)**

**Schedule**

8:30-9:30 AM	Session 1: Post-Acute Sequelae of SARS-CoV-2 Infection Among Adults (PASC) <ul style="list-style-type: none"><li>• Sapna Kripalani MD</li><li>• James C Jackson, PsyD</li></ul>
9:30-10:30 AM	Session 2: Digital Inclusion and Literacy <ul style="list-style-type: none"><li>• Diane Oliver - West End Foundation</li><li>• Panel of three awardees</li></ul>
10:30-10:45 AM	Break
10:45-11:45 AM	Session 3: Positive Aging <ul style="list-style-type: none"><li>• Sarah Lenz Lock -Brain Health</li><li>• Kerri Baxter - Nutrition</li><li>• Stephanie McClure MD – Health Promotion</li></ul>
11:45-12 Noon	Break
12-1PM	Break-out groups: 27 min WNPT documentary Aging Matters: Reimagining Long Term Services and Supports (invited 6/16, awaiting response) <a href="https://video.wnpt.org/video/reimagining-long-term-care-ngeueb/">https://video.wnpt.org/video/reimagining-long-term-care-ngeueb/</a> Following the film there will be a 20 min discussion – <b>what struck you?</b> - in Break-out Groups led by community leaders. <ul style="list-style-type: none"><li>• Grace Smith, LCSW, Executive Director, AgeWell Middle Tennessee</li><li>• Donna DeStefano, Assistant Director, Tennessee Disability Coalition</li><li>• Adam Morgan, Asst. Director, CHOICES Program</li></ul>
1-2 PM	Session 5: Models of Care in a Virtual World <ul style="list-style-type: none"><li>• Kay Ritchie MD, Virtual Group PT to Reduce Falls</li><li>• Cari Levy MD, Virtual Support to Homebound Elderly</li><li>• Jennifer Kim DNP and Kanah Lewallen DNP, Project ECHO to Support COVID Recovery in East Tennessee Facilities</li></ul>
2-3PM	Session 6: Reimagining the EHR <ul style="list-style-type: none"><li>• Sean Huang MD</li></ul>
3-3:15 PM	Break
3:15-4:15 PM	Session 7: Resilience to Address Social Isolation <ul style="list-style-type: none"><li>• Kimberly Beiting MD</li><li>• Carrie Plummer PhD</li><li>• Betsy Chernau</li></ul>