Mentors across the Arc of a Career in Aging Research and Geriatric Medicine

William R. Hazzard MD
Professor of Internal Medicine
Section of Gerontology & Geriatric Medicine
The Human Lifespan

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**The Human Lifespan**

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Here is where I am tonight: 81

My “Wall of Fame”: Mentors across the Arc of a Career in Gerontology and Geriatric Medicine
Albert S. Hazzard, PhD
Samuel L. Leonard, PhD
R. H. Williams, MD
Edwin L. Bierman, MD
Dan Porte, Jr., MD

To Bill,
With admiration and affection,
Dan Porte.
Joseph L. Goldstein, MD
Robert Petersdorf, MD
Paul Beeson, MD
Victor A. McKusick, MD
My Most Important Lesson Learned in Developing Academic Programs in Gerontology and Geriatric Medicine at the University of Washington & Johns Hopkins:

“You don’t get what you need, you don’t get what you want, you get what you negotiate for!”

So over 9 months and in 13 trips from Baltimore to Winston-Salem ......

I negotiated, negotiated, negotiated!
1985-86: My Counterparts in Negotiations
Dick Janeway and Paul Sticht

Dick Janeway – VP and Dean        J. Paul Sticht – CEO  RJR  Nabisco
Richard Janeway, MD
The Human Lifespan

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- Where are you on this timeline this evening?
- Do you know yourself and what brought you to this point?
- Time for a SWOT self-analysis? “To Thine Ownself Be True”
  -- Strengths  -- Weaknesses  -- Opportunities  -- Threats
- Who were your mentors along the way?
- What did they contribute to your career development to this point? How did they inspire or challenge you?
- Have you achieved independence and self-sufficiency?
- If a clinician, have you reached a branch point in your future career? Scientist? Esteemed clinician? Or system leader?
- Where do you want to be at the end of your career (& life)?